



On the Move Pediatric Therapy
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www.onthemovepeds.com

Hello *On The Move* Families,

We are grateful for your continued support and the opportunity we to work with your children. We are doing our best to keep everyone, your children and our staff, safe and healthy.

On an ongoing basis, we are monitoring the public health information from official authorities such as our state resource (KYCovid19.ky.gov) as well as the Center for Disease Control. The current stance from professionals in infectious disease and viruses is that there are a variety of risks with Covid19, people who are extremely vulnerable to this virus as well as those who unwittingly transmit it to others. As with all challenges, we are improving our procedures to do our best to ensure safety. We have added to our processes, which applies to both team members and clients/family members. We appreciate your assistance in implementing these measures.

Working together with you to provide services to your children,

- *On The Move Pediatric Therapy is taking additional measures to ensure the health, safety, and welfare of your child and family. Part of these measures include having all parents/guardians complete the COVID-19 Screening each day that their child attends our clinic for services. You can access this form on our website and return the completed form the day of your child's appointment. Forms will also be available at the clinic, but must be completed prior to your child's appointment.*
- *Your child's temperature will be taken prior to their appointment and they will use hand sanitizer prior to being admitted to the clinic.*
- *All programming items will be cleaned and disinfected between appointments and on a regular schedule.*

Here is the latest from the state website (kycovdi19.ky.gov) as well as the CDC and information about how our screenings relate to this guidance.

TEAM KENTUCKY COVID-19 HEALTH TIPS

When To Seek Care

To ensure the sickest people receive care, help minimize the spread of infection and maintain resources, please follow the guidelines below when considering whether to seek medical care.

- Stay home**
If you are worried about COVID-19, but **have no symptoms**, please **call the Kentucky State Hotline (1-800-722-5725)**.
If you have no symptoms of COVID-19, but want testing, go to kycovid19.ky.gov website and arrange for a test.
- Call for advice**
If you are **ill, or have a routine provider appointment** scheduled, **call ahead to understand the new procedures** initiated by your provider's office to keep you, other patients, and the staff safe.
- Seek care**
If you are **sick and think you have a medical emergency**, call your provider or emergency department and seek care.
Hospitals and medical staff across the commonwealth stand ready to serve you. Precautions are in place to protect you from COVID-19 in a medical setting.

Please visit kycovid19.ky.gov for the latest updates on COVID-19 in Kentucky or call the Kentucky state hotline at 1-800-722-5725

Here is the latest from the state website (kycovdi19.ky.gov) as well as the CDC and information about how our screenings relate to this guidance.

Watch for Symptoms

Reported illnesses have ranged from mild symptoms to severe illness and death for confirmed coronavirus disease 2019 (COVID-19) cases. These symptoms may appear **2-14 days after exposure** (based on the incubation period of the virus). The CDC now states that people who develop symptoms may be contagious during the period from 48 hours before symptom onset.

- Fever
- Cough
- Shortness of breath

When to call 911 for Emergencies

Call 911 if you:

		
Have difficulty breathing or are choking	Have an allergic reaction	Have symptoms of heart attack or stroke
		
Are confused, disoriented or dizzy	Have difficulty speaking, walking or seeing	Have sudden, severe pain

Do not call 911 if you:

			
Want information about COVID-19.*	Need a ride to your doctor's office	Have mild symptoms: fever, cough, shortness of breath. Call your doctor or local health department	Want to get tested for COVID-19

*For advice and information, call the COVID-19 Hotline: 1-800-722-5725
kycovdi19.ky.gov

  **TEAM KENTUCKY**



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People at Higher Risk for Severe Illness

Based on currently available information and clinical expertise, older adults and people of any age who have serious underlying medical conditions might be at higher risk for severe illness from COVID-19.

This includes:

- People aged 65 or older
- People who live in a nursing home or long-term care facility
- People with chronic lung disease or moderate to severe asthma
- People who have serious heart conditions
- People who are immunocompromised
- People with diabetes
- People with chronic kidney disease undergoing dialysis

As part of our risk mitigation, *On The Move* Screenings include questions and steps to measure the existence of these symptoms.

- These steps check information about the care environment for ABA therapy.
- We especially count on the temperature check as an indicator of risk and appreciate your taking your child's and your own temperature with your family's own thermometer.
- Our team members are doing the same with their own thermometer, as well.
- Each day we are taking client and staff temperatures.
- Team members must stay home if they feel sick or, if not sick, have been designated to stay home per the CDC COVID - 19 risk framework.
- Families and caregivers should cancel if the client or a person in the home is sick.

As part of our risk mitigation, the *On The Move* screening includes the question of whether anyone in the household has had such a coronavirus / COVID-19 test.

General Guidance

We believe people have to make decisions on their own about what they feel safe and comfortable doing during this time of the Covid19 pandemic. Based on their own situation, a team member can choose to inform *On The Move* that they are unwilling and/or unable to work during this time given COVID-19. This is a personal choice and each individual needs to make the decision that is right for them. *On The Move* supports each person's decision to do what is best for them.

Based upon your own situation, each family can choose to receive or not receive services at this time. Status with *On The Move* will not be impacted and funding sources have waived their requirement of discharging clients on hold given the current situation. Families can also choose to receive Telehealth services based on funding source and appropriateness.

Our governor has recommended the following guidelines (KYCovid19.ky.gov) :

10 RULES
 To Re-opening
#HealthyatWork




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 KYCOVID19.KY.GOV
 #TEAMKENTUCKY
 #TOGETHERKY
 #HEALTHYATHOME

- ✓ Continue telework where possible
- ✓ Enforce social distancing
- ✓ Phased return to work
- ✓ Limit face-to-face meetings
- ✓ Onsite temperature/health checks
- ✓ Sanitizer/hand wash stations
- ✓ Universal masks and any other necessary PPE
- ✓ Special accommodations
- ✓ Close common areas (waiting rooms, cafeterias, break rooms, etc.)
- ✓ Testing plan

HEALTHYATWORK.KY.GOV

10 STEPS
 TO FIGHT
 COVID-19



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 KYCOVID19.KY.GOV
 #TEAMKENTUCKY
 #TOGETHERKY
 #HEALTHYATHOME

- ✓ **Stay Healthy at Home**
 Leave only for essential items such as groceries once a week.
- ✓ **Wash Hands & Surfaces**
 Use soap and warm water and wash hands for 20+ seconds. Frequently disinfect regularly used surfaces.
- ✓ **Avoid Crowds & Gatherings**
 Avoid crowds of any size, including home visits, recreational areas or crowded shopping.
- ✓ **Apply for Benefits**
 Kentucky has expanded unemployment benefits. If you have not applied, visit KCC.KY.GOV.
- ✓ **Practice Social Distancing**
 Maintain 6 feet between you and others at all times.
- ✓ **Prioritize Mental Health**
 Seek out virtual social opportunities and maintain a routine. Other practices can be found at KYCOVID19.KY.GOV.
- ✓ **Know When to Seek Care**
 Follow the 'When to Seek Care' guidelines available at KYCOVID19.KY.GOV.
- ✓ **Do Not Travel**
 The safest place for you and others is at home. Do not travel by car or plane.
- ✓ **KYCOVID19.KY.GOV**
 Stay up-to-date through reliable sources such as KYCOVID19.KY.GOV.
- ✓ **Report Non-Compliance**
 If you see individuals or businesses not complying with COVID-19 guidelines, report to the KYSAFER hotline at 1-833-KYSAFER.

Risk mitigation measures we are taking include:

On The Move Team Member Preventative / Infection Control Procedures

- Team members complete regular screenings (each day they are at the clinic)
- Team members are to wash their hands at the start and end of session
- Staying home when sick (e.g., fever) and cancelling services per the illness guidelines
- Avoiding touching your eyes, nose, and mouth with unwashed hands
- Washing hands especially after blowing your nose, coughing, sneezing, going to the bathroom, or before preparing or eating food
- Using an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available
- Covering the nose and mouth with a tissue or your sleeve (not your hands) or bend/crook of the arm when sneezing or coughing
- Reduce physical contact (e.g., no high fives, handshakes)
- All toys and program items will be cleaned at the end of each session
- Limit number of team members working with each client (we are striving to have only 2-3 behavior technicians/Registered Behavior Technicians work with each child in case self-quarantining becomes needed)



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- Interaction with other children will be limited to outside play areas where 6 feet social distancing measures can be maintained and via video conferencing format.
- Routinely cleaning frequently touched surfaces across the day
- Routinely cleaning the bathrooms

Risk mitigation measures we need you to do:

Caregiver Preventative/Infection Control Procedures

- Participate in regular health screenings each time your child comes to the clinic
- Avoiding close contact with people who are sick
- Canceling services per the illness guidelines or if a household member is sick
- Regularly washing hands for 20 seconds with soap and water (length of A-B-C song)
- Avoiding touching your eyes, nose, and mouth with unwashed hands
- Washing hands especially after blowing your nose, coughing, sneezing, going to the bathroom, or before preparing or eating food
- Using an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available
- Covering the nose and mouth with a tissue or your sleeve (not your hands) or bend/crook of the arm when sneezing or coughing
- Parent, care providers and/or other family members do not enter the clinic
- Ensure common areas in the home have been cleaned and disinfected daily, including frequently touched surfaces (e.g., tables, countertops, handles, doorknobs, light switches, faucets)

Risk mitigation measures we need to support each other in doing:

Joint Preventative / Infection Control Procedures

- Follow 6 ft social distancing with anyone who is not a part of your home. Wear a mask when in the community.
- Limit the number of people you are around in community settings while wearing a mask and following social distancing (following the recommendations from our governor)
- Follow stay at home / shelter in place recommendations
- Sustaining trust by communicating information with each other

Where shelter in place or stay at home orders exist, we expect that our team members comply. In addition, we are counting on caregivers to share if there are circumstances or instances where such measures have not been practiced in the household so that we can inform our decision making. Thank you for being patient, collaborative, and flexible during this time.

References:

- *Team Kentucky (Kentucky Cabinet for Health and Family Services and Kentucky Public Health)* www.KYcovid19.ky.gov
- *Center for Disease Control (CDC)* www.cdc.gov/coronavirus/2019-ncov/index.html (CDC)