



Occupational Therapy Indicators for Therapy:

- Doesn't reach for a toy or bring hands together by 6 months olds
- Not using fingers to pick up small objects like cereal by a year
- Unable to get dressed or undressed by 3 years old
- Unable to complete buttons or zippers by age 5
- Becomes anxious or puts up a fight with brushing teeth, haircuts, trimming nails, washing face or hands, bathing, or wearing certain clothes
- Is a picky eater
- Unable to draw/copy simple shapes by age 4
- Unable to write letters by age 5 or handwriting that is illegible in older children
- Is very active and unable to sit to attend to a task
- Has poor social skills or difficulty playing with same aged peers
- Sensitive to bright lights, loud noises, or certain textures – may lead to meltdowns
- Difficulty with cutting paper by age 4